



# **GOD MEDITATION ALPHABET**

#### By Gary Lanier

There are several ways to use the alphabet:

1. For a personal time of meditation and refreshment...
BREATHE IN... and say, "Holy Spirit fill me."
BREATHE OUT... and speak out one of the letter statements in the alphabet.

- 2. For personal study time... each letter statement is designed to help you focus on attributes and praise of God including a scripture reference for additional study.
- 3. For small group studies... consider using the alphabet as an ongoing study and discu ssion time in your small group, which may be with your family or friends.

#### Acknowledging You... is what I do.

Proverbs 3:6

In all your ways acknowledge Him, And He shall direct your paths.

## Blessing You, Lord... blesses my soul and all that is in me.

Psalm 103:1

Bless the Lord, O my soul; And all that is within me, bless His holy name!

## Coming to You... I find peace and rest.

Matthew 11:28

Come to Me, all you who labor and are heavy laden, and I will give you rest.

#### Delighting in You... is the desire of my heart.

Psalm 37:4

Delight yourself also in the Lord. And He shall give you the desires of your heart.

#### Faith comes by hearing Your Word... and I am ever listening.

**Romans 10:17** 

So then faith comes by hearing, and hearing by the word of God.

#### Experiencing Your presence brings a glow that shows.

Acts 4:13

Now when they saw the boldness of Peter and John, and perceived that they were uneducated and untrained men, they marveled. And they realized that they had been with Jesus.

# Good Shepherd is who you are... and I am Your sheep.

John 10:14

I am the good shepherd; and I know My sheep, and am known by My own.

# Healed by Your stripes is a spiritual birthright I receive in my earth life.

1 Peter 2:24

who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

## I Am, is Your Name and state of eternal existence.

John 8:58

Jesus said to them, "Most assuredly, I say to you, before Abraham was, I AM."

## Joy from You fulfills my life and is my strength.

John 16:24

Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full. Nehemiah 8:10

Then he said to them, "Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the Lord is your strength."

#### Knowledge from You is my hidden treasure. How rich I am!

Colossians 2:3

in whom are hidden all the treasures of wisdom and knowledge.

#### Loving You comes from You first loving me.

1 John 4:19

We love Him because He first loved us.

## Marvelous are your works, O Lord! I will not forget them.

Psalm 105:5

Remember His marvelous works which He has done, His wonders, and the judgments of His mouth...

## Nothing can separate me from Your love, O God.

Romans 8:38-39

For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

#### Overcomer is who I am, because I am born of You, my Lord and my God.

1 John 5:4

For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith.

## Praise from my lips I give to You.

Hebrews 13:15

Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.

## Quenching my thirst, You are my well of Living Water.

John 4:10

Jesus answered and said to her, "If you knew the gift of God, and who it is who says to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water."

# Rejoicing in You... I do always.

Philippians 4:4

Rejoice in the Lord always. Again I will say, rejoice!

#### Salvation is through You, past, present and future.

Acts 4:12

Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved."

#### Trusting in You... I do with all my heart.

Proverbs 3:5

Trust in the Lord with all your heart. And lean not on your own understanding:

#### Understanding from You is what I lean on, not my own.

Proverbs 3:5

Trust in the Lord with all your heart, And lean not on your own understanding:

#### Worshiping You is my life.

Psalm 95:6

Oh come, let us worship and bow down; Let us kneel before the Lord our Maker.

## X-ray is Your view of my soul and You still love me.

Romans 8:27

Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God.

## Zealously I love and serve You.

Titus 2:14

who gave Himself for us, that He might redeem us from every lawless deed and purify for Himself His own special people, zealous for good works.

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