



# Grace Place Kids Bible Study

## **RUN THE RACE!**

**1. Have you ever ran in a race? Tell about what kind of race it was. Where was the race? Were there other people watching you run? The Bible tells us that every one of God's children are running in a race. Do you know what kind of race it is?** *(It is a race for God, helping Him do what He wants to do here on earth.)*

**2. Did you know that people in heaven are watching you run this race.** *(Leader: Read Hebrews 12:1) Look in Hebrews 11 and see if you can find some of the people that ran a race and are now in heaven watching you.* *(verse 4 – Abel, verse 5 – Enoch, verse 7 – Noah, verse 8 – Abraham, verse 11 – Sarah, verse 21 – Jacob, verse 23 – Moses, verse 29 – the people of Israel, especially read verses 36-38.) **What was the race that some of the people ran in Hebrews 11:36-38** *(laughed at, cut with whips, chained, stoned, sawed in two, killed by the sword, wandered in the desert & mountains, hid in caves, hungry & sick).* **Wow! Those are hard races to run.** *(Leader – tell the children that they may not have as hard a race as the people above, but it is just as important to God.)**

**3. Remember, God's race for you is something He wants you to do for Him. Read Hebrews 12:2. What is the best thing you can do when you are running your race?** *(Keep your eyes on Jesus)* **Where is Jesus?** *(In heaven and in your heart)* **If you can't see Him, how can you keep your eyes on Him?** *(By talking to Him in prayer and listening to Him through the Holy Spirit, who is also in your heart).* **Do you think He will help you run your race?** *(Yes, by teaching you how to run)*

**4. Thank God for choosing you to run in His race. Ask Him to help you finish and win the race for Him.** *(Leader– lead the children in a prayer of commitment.)*